

# Health Screening for Ladies

Fasting required



## Vital Bloom

(Recommended age 20-29)

## Thrive 360

(Recommended age 30-39)

## Radiance Plus

(Recommended age 40-50)

## Golden Vitality

(Recommended age above 50s)

Price with GST	\$150.42	\$354.25	\$626.75	\$850.20
<b>Physical Examination by Doctor</b> (Examination of Heart, Lungs and Abdomen   Neurological and Musculoskeletal Examination   Blood Pressure Reading)		✓	✓	✓
<b>Clinical Measurements</b>				
• Height and Weight Measurements	✓	✓	✓	✓
• Body Mass Index (BMI)	✓	✓	✓	✓
• Body Fat Analysis	✓	✓	✓	✓
• Colour Blindness Tests	✓			
• Visual Acuity	✓	✓	✓	✓
• Blood Pressure Reading	✓	✓	✓	✓
• Water %		✓	✓	✓
• Muscles Mass %		✓	✓	✓
• Visceral Fat %		✓	✓	✓
• Bone Mass		✓	✓	✓
<b>Eye Screening</b>				✓ (Diabetic Retinal Photography)
<b>Tonometry</b>				✓
<b>Spirometry</b>				✓
<b>Medical Report</b>	✓	✓	✓	✓
<b>Breakfast/Snacks</b>		✓	✓	✓
<b>Doctor's Review</b>	✓	✓	✓	✓
<b>Screenings</b>				
<b>Diabetic (Glucose)</b>	✓	✓	✓	✓
<b>HBA1c</b>		✓	✓	✓
<b>Lipid/Cardiac Risk</b> (Total Cholesterol, HDL, LDL, Chol/HDL Ratio, Triglycerides)	✓	✓	✓	✓
<b>Haematology</b> (Full Blood Count, PBF, ESR, ABO)	✓	✓	✓	✓
<b>Kidney</b> (Urea, Creatinine, Sodium, Potassium, Bicarbonate, Chloride)	✓	✓	✓	✓
<b>Liver</b> (Bilirubin, Protein, Albumin, Globulin, A/G Ratio, ALT (SGPT), AST (SGOT), Alkaline Phosphatase, GGT)	✓	✓	✓	✓
<b>Bone &amp; Joint</b> (Calcium, Phosphate, Uric Acid, Rheumatoid Factor (RF))	✓	✓	✓	✓
<b>Urine Analysis (Urine FEME)</b>	✓	✓	✓	✓
<b>Stool Analysis (Stool Occult Blood)</b>	✓	✓	✓	✓
<b>Thyroid (Free T4 (FT4), Thyroid Stimulating Hormone (TSH))</b>	✓	✓	✓	✓
<b>Cancer Marker</b> (Carcinoembryonic Antigen (CEA), Alpha Feto Protein (Liver), CA12.5 (Ovarian))	✓	✓	✓	✓
<b>STD Screen</b> (VDRL (RPR), TPLA (if Syphilis TP Ab is reactive))	✓	✓	✓	✓
<b>Hepatitis</b> (Hep Bs Antigen & Antibody, Hep A Total (IgG) Antibody)	✓	✓	✓	✓
<b>Thinprep Test</b>	✓	✓	✓	✓
<b>Ultrasound Breast</b>		Choice of 1 test: Ultrasound Breast OR Ultrasound Pelvis	✓	✓
<b>Ultrasound Pelvis</b>			✓	✓
<b>Mammogram</b>			✓	✓
<b>Bone Mineral Density</b>				✓